



Daily Snacks & Lunch

January 16 to January 20, 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Morning:</i> Yogourt & Digestive Cookies Milk	<i>Morning:</i> Croissant & Fruit Milk	<i>Morning:</i> Toast & Soy Butter Milk	<i>Morning:</i> Pancakes w/ Syrup Milk	<i>Morning:</i> Dry Cereal & Fruit Milk
<i>Lunch:</i> Beef & Rice Soup w/ Cheese & Crackers Fruit Milk	<i>Lunch:</i> Fettuccine Alfredo Peas Fruit Milk	<i>Lunch:</i> Chili w/ Quinoa Bread & Butter Fruit Milk	<i>Lunch:</i> Baked Chicken Bruschetta Carrot Sticks Fruit Milk	<i>Lunch:</i> Pizza Raw Vegetables Fruit Milk
<i>Afternoon:</i> Banana Bread Fruit Water	<i>Afternoon:</i> Hummus & Pita Pickles Water	<i>Afternoon:</i> Apples w/ Cheese & Crackers Water	<i>Afternoon:</i> Quesadillas w/ Salsa Water	<i>Afternoon:</i> Bagels w/ Cream Cheese Fruit Water