



## Daily Snacks & Lunch

**October 16 - 20, 2017**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<i>Morning:</i> Oatmeal      Milk	<i>Morning:</i> Graham Wafer w/ honey  Banana   Milk	<i>Morning:</i> Toast w/ Soy Butter     Milk	<i>Morning:</i> Dry Cereal   Fruit   Milk	<i>Morning:</i> Apple sauce and Rice Cake     Milk
<i>Lunch:</i> Minestrone Soup Cheese cubes Bread w/ butter   Fruit  Milk	<i>Lunch:</i> Scrabbled eggs w/ Toasted English muffins  Carrot Stick  Fruit  Milk	<i>Lunch:</i> Lentil Shepherd Pie Corn  Tomato wedges  Fruit  Milk	<i>Lunch:</i> Tomato Black Bean Casserole on a bed of Rice  Fruit  Milk	<i>Lunch:</i> Sandwiches Raw vegetables Cheese Cubes  Fruit  Milk
<i>Afternoon:</i> Mock Beaver Tails   Fruit  Water	<i>Afternoon:</i> Apples Cheese & Crackers   Water	<i>Afternoon:</i> Cookies  Fruit  Water	<i>Afternoon:</i> Trail Mix Cheese Cubes   Water	<i>Afternoon:</i> Lemon Loaf  Fruit  Water